Jesus Breaking the Rules
More Than a Ritual

Talk It Over

Message Summary
Communion is more than a weekly ritual. Jesus gave us a sacred table to look back with gratitude, look within with honesty, and look forward with hope as we remember His sacrifice, surrender our sin, and anticipate His return.

Key Scriptures

Matthew 26:26–28 (NIV)
Jesus took bread… and gave it to his disciples, saying, "Take and eat; this is my body." Then he took a cup… "This is my blood of the covenant, which is poured out for many for the forgiveness of sins."

1 Corinthians 11:24 (NIV)
This is my body, which is for you; do this in remembrance of me.

1 Corinthians 11:28 (NIV)
Everyone ought to examine themselves before they eat of the bread and drink from the cup.

1 Corinthians 11:26 (NIV)
For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

Start Talking
Find a conversation starter for your group.

- What's something you do every week that you barely even think about anymore?
- Watch this week's Sermon Refresh: Here (Available Monday's)

Start Thinking
Ask a question to get your group thinking.

- Please read the Key Scriptures on the left.
- Why do you think Jesus gave us something tangible like bread and a cup to regularly remember His sacrifice?

Start Sharing
Choose a question(s) to create openness.

- How can something sacred like Communion become routine, and what helps us approach it differently?
- Why do you think Scripture calls us to examine ourselves before taking Communion rather than examining everyone else?
- How should remembering what Jesus paid for our forgiveness change the way we respond to sin?
- As you look back, within, and forward, which direction does God most need your attention right now: gratitude, repentance, or hope? Why?

Start Praying

Jesus, keep Communion from becoming routine. Give us gratitude for Your sacrifice, honesty about our sin, and hope in Your return. Help us remember what You've done and respond faithfully. Amen.

Start Doing

This week during Communion, slow down and be present. Look back and thank Jesus for the cross. Look within and surrender what needs to change. Look forward and remember the hope you have because Jesus is coming again.